



# SUNDAY SEXT

THE SIXTH HOUR

OF THE DIVINE OFFICE

ACCORDING TO THE

1962 BREVIARIUM ROMANUM

*“Many private prayers do not equal in value only one prayer of the divine Office, as being offered to God in the name of the whole Church and in his own appointed words. Hence St. Mary Magdalene of Pazzi says that, in comparison with the divine Office, all other prayers and devotions are but of little merit and efficacy with God. Let us be convinced, then, that after the holy Sacrifice of the Mass the Church possesses no source, no treasure, so abundant as the Office, from which we may draw such daily streams of grace.”*

--Saint Alphonsus Maria de Liguori, ‘On the Divine Office’

## PRAYERS BEFORE THE OFFICE

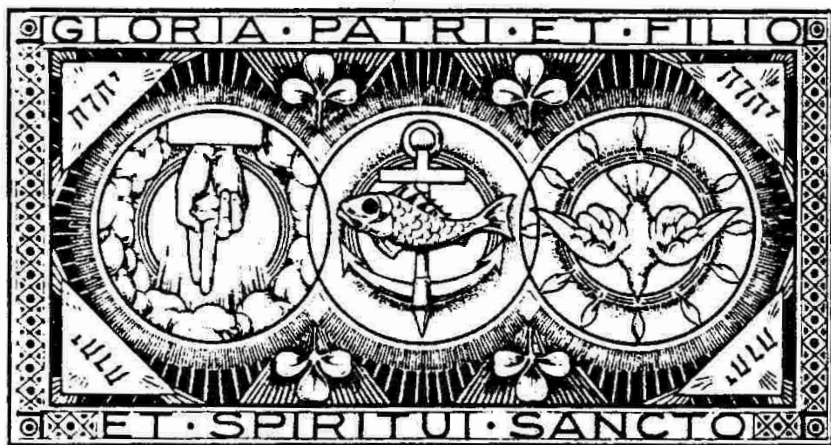
APERI, Dómine, os meum ad benedicéndum nomen sanctum tuum: munda quoque cor meum ab ómnibus vanis, pervérsis et aliénis cogitatióibus; intelléctum illúmina, afféctum inflámma, ut digne, atténte ac devóte hoc Offícium recitáre váleam, et exaudíri mérear ante conspéctum divínæ Majestátis tuæ. Per Christum, Dóminum nostrum. Amen.

Dómine, in unióne illíus divínæ intentiúnis, qua ipse in terris laudes Deo persolvísti, hanc tibi Horam persólvo.

*O LORD, open thou my mouth that I may bless thy Holy Name. Cleanse my heart from all vain, evil, and wandering thoughts; enlighten my understanding kindle my affections, that I may pray to, and praise thee with attention and devotion; and may worthily be heard before the presence of thy Divine Majesty. Through Christ our Lord. Amen.*

*Lord, in union with that Divine Intention wherewith thou didst thyself praise God, whilst thou wast on earth, I offer this Hour unto thee.*

PATER NOSTER AVE MARIA



## THE ORDER OF SEXT

FOR SUNDAYS THROUGHOUT THE YEAR

OPENING VERSICLE: Psalm 70.2

V. Deus, in adiutorium meum intende.  
R. Domine, ad adjuvandum me festina. Gló-ri-a Pa-tri, et Fí-li-o, et Spi-rítu-i Sán-cto. Sic-ut é-rat in princí-pi-o, et nunc, et semper, et in sæ-cu-la sæ-cu-ló-rum. Amen. Alle-lú-ia.

*Or during Lent, in place of Alleluia:*

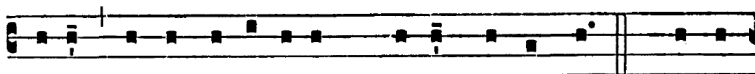
Laus tibi, Dómine, Rex ætér-næ gló-ri-æ.

V. O God, come to my assistance.

R. O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen. Alleluia.

*Praise be to Thee, O Lord, King of eternal glory.*

V.

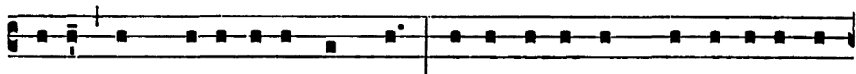


D

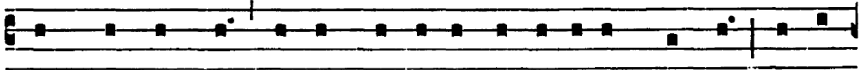
E-us in adju-tó-ri-um mé-um inténde. R. Dómi-



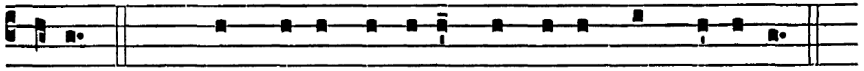
ne ad adjuvandum me festina. Gló-ri-a Pá-tri, et Fí-



li-o, et Spi-rí-tu-i Sán-cto. Sic-ut é-rat in princí-pi-o, et



nunc, et semper, et in saecu-la saecu-lorum. Amen. Alle-



lu-ia. *Or* : Laus tí-bi Dómine Rex aetérnae gló-ri-ae.

HYMN: Rector Potens

RECTOR potens, verax Deus,  
Qui témperas rerum vices,  
Splendóre mane illúminas,  
Et ígnibus merídiem:

Exstingue flammás lítium,  
Aufer calórem nóxium,  
Confer salútem córporum,  
Verámque pacem córdium.

Præsta, Pater piíssime,  
Patrique compar Unice,  
Cum Spírítu Paráclito  
Regnans per omne sæculum.

Amen.

*O God of truth, O Lord of might,  
Who orderest time and change aright,  
Who send'st the early morning ray,  
And light'st the glow of perfect day;*

*Extinguish thou each sinful fire,  
And banish every ill desire;  
And while thou keep'st the body whole,  
Shed forth thy peace upon the soul.*

*Almighty Father, hear our cry,  
Through Jesus Christ, our Lord most  
High,  
Who, with the Holy Ghost and thee,  
Doth live and reign eternally.*

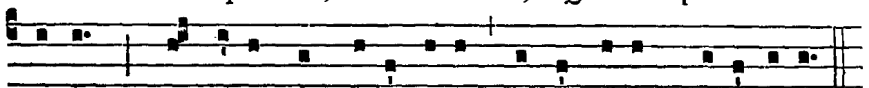
*Amen.*

(on ordinary Sundays)

8.

**R**

Ector pót-ens, vé-rax Dé-us, Qui témperas ré-rum



ví-ces, Splendóre mane illúminas, Et ígnibus me-rí-di-em :

(on solemn feasts)

8.

**R**

Ector pót-ens, vé-rax Dé-us, Qui témperas ré-rum

ví-ces, Splendóre manē illúmi-nas, Et ígni-bus me-rí-

di-em :

## ANTIPHON THROUGHOUT THE YEAR

Allelúia, tuus sum ego, salvum me fac, Dómine, allelúia, allelúia.

*Alleluia, I am thine, save me, O Lord, alleluia, alleluia.*

Ant.

**A**

Lle-lú-ia, tú-us sum égo, sálvum me fac Dómi-

ne, alle-lú-ia, alle-lú-ia.

*During Advent, Septuagesima, and Lent, the Antiphon is taken from the Proper of the Time; and on Feast days, from the Proper of the Feast.*

## PSALM 118, VI.

DEFÉCIT in salutáre tuum án-  
ima mea: \* et in verbum tuum super-  
sperávi.Defecerunt óculi mei in  
elóquium tuum, \* dicétes: Quando  
consoláberis me?Quia factus sum sicut uter in  
pruína: \* justificatiónes tuas non sum  
oblítus.Quot sunt dies servi tui? \*  
quando fácies de persecúentibus me  
judícium?Narravérunt mihi iníqui fab-  
ulatiónes: \* sed non ut lex tua.*My soul hath fainted after thy  
salvation: \* and in thy word I have very  
much hoped.**My eyes have failed for thy  
word, \* saying: When wilt thou comfort  
me?**For I am become like a bottle in  
the frost: \* I have not forgotten thy justi-  
fications.**How many are the days of thy  
servant? \* when wilt thou execute judg-  
ment on them that persecute me?**The wicked have told me fables:  
\* but not as thy law.*

Omnia mandáta **tua** **véritas**: \*  
iníque persecúti sunt me, **ádjua** me.

Paulo minus consum-  
mavérunt **me** in **terra**: \* ego autem non  
derelíqui mandáta **tua**.

Secúndum misericórdiam  
tuam vivífica me: \* et custódiám tes-  
timónia **oris tui**.

In **ætérnum**, **Dómine**, \* ver-  
bum tuum **pérmanet** in **cælo**.

In generatióem et generatió-  
nem **véritas tua**: \* fundásti **terram**, et  
**pérmanet**.

Ordinatióne tua **persevérat**  
**dies**: \* quóniam ómnia **sérviunt tibi**.

Nisi quod lex tua **meditatio**  
**mea** est: \* tunc forte períssem in hu-  
militáte **mea**.

In **ætérnum** non oblivíscar  
justificatiónes **tuas**: \* quia in ipsis **vivi-**  
**ficásti** me.

Tuus sum ego, **salvum me**  
fac: \* quóniam justificatiónes tuas **ex-**  
**quisívi**.

Me **expectavérunt** pec-  
catóres ut **pérderent** me: \* testimónia  
tua **intelléxi**.

Omnis consummatiónis **vidi**  
**finem**: \* latum mandátum **tuum ni-**  
**mis**.

Glória **Patri**, et **Fílio**, \* et  
Spirítui **Sancto**.

Sicut erat in princípío,  
et **nunc**, et **semper**, \* et in **sæcula**  
**sæculórum**. Amen.

*All thy statutes are truth: \* they  
have persecuted me unjustly, do thou  
help me.*

*They had almost made an end  
of me upon earth: \* but I have not forsak-  
en thy commandments.*

*Quicken thou me according to  
thy mercy: \* and I shall keep the testimo-  
nies of thy mouth.*

*For ever, O Lord, \* thy word  
standeth firm in heaven.*

*Thy truth unto all generations:  
\* thou hast founded the earth, and it con-  
tinueth.*

*By thy ordinance the day goeth  
on: \* for all things serve thee.*

*Unless thy law had been my  
meditation: \* I had then perhaps per-  
ished in my abjection.*

*Thy justifications I will never  
forget: \* for by them thou hast given me  
life.*

*I am thine, save thou me: \* for I  
have sought thy justifications.*

*The wicked have waited for me  
to destroy me: \* but I have understood  
thy testimonies.*

*I have seen an end of all per-  
fection: \* thy commandment is exceeding  
broad.*

*Glory be to the Father, and to  
the Son, \* and to the Holy Ghost.*

*As it was in the beginning, is  
now, and ever shall be, \* world without  
end. Amen.*

PSALM 118, VII.

QUÓMODO diléxi legem  
**tuam**, **Dómine**? \* tota die meditatio  
mea est.

Super inimícos meos prudén-  
tem me fecísti mandáto **tuo**: \* quia in  
**ætérnum mihi** est.

Super omnes docéntes me **in-**  
**telléxi**: \* quia testimónia tua **meditatio**

*O HOW have I loved thy law, O  
Lord? \* it is my meditation all the day.*

*Through thy commandment,  
thou hast made me wiser than my ene-  
mies: \* for it is ever with me.*

*I have understood more than  
all my teachers: \* because thy testimonies  
are my meditation.*

mea est.

Super senes **intelléxi**: \* quia mandáta **tua** quæsívi.

Ab omni via mala prohibui **pedes meos**: \* ut custódiám **verba tua**.

A júdíciis tuis non **declinávi**: \* quia tu legem posuísti **mihi**. Quam dúlcia fáucibus meis **elóquia tua**, \* super mel **ori meo**!

A mandátis tuis **intelléxi**: \* proptérea odívi omnem viam iniquitá-tis.

Lucérna pédibus meis **verbum tuum**, \* et lumen **sémitis meis**.

Jurávi, et **státui** \* custodíre júdícia **justítiae tuæ**.

Humiliátus sum us-que **quáque**, **Dómine**: \* vivífica me secúndum **verbum tuum**.

Voluntária oris mei beneplácita fac, **Dómine**: \* et júdícia **tua doce** me.

Ánima mea in má nibus **meis semper**: \* et legem tuam non **sum oblitus**.

Posuérunt peccatóres **láqueum** mihi: \* et de mandátis tuis **non errávi**.

Heredítate acquisívi testimónia tua **in ætérnum**: \* quia exsultátio **cordis mei** sunt.

Inclinávi cor meum ad faciéndas justificatiónes tuas **in ætérnum**, \* propter retributió nem.

Glória **Patri**, et **Fílio**, \* et **Spirítui Sancto**.

Sicut erat in princípío, et **nunc**, et **semper**, \* et in sæcula **sæculórum**. Amen.

*I have had understanding above ancients: \* because I have sought thy commandments.*

*I have restrained my feet from every evil way: \* that I may keep thy words.*

*I have not declined from thy judgments: \* because thou hast set me a law.*

*How sweet are thy words to my palate, \* more than honey to my mouth!*

*By thy commandments I have had understanding: \* therefore have I hated every way of iniquity.*

*Thy word is a lamp to my feet, \* and a light to my paths.*

*I have sworn and am determined \* to keep the judgments of thy justice.*

*I have been humbled, O Lord, exceedingly: \* quicken thou me according to thy word.*

*The free offerings of my mouth make acceptable, O Lord: \* and teach me thy judgments.*

*My soul is continually in my hands: \* and I have not forgotten thy law.*

*Sinners have laid a snare for me: \* but I have not erred from thy precepts.*

*I have purchased thy testimonies for an inheritance for ever: \* because they are the joy of my heart.*

*I have inclined my heart to do thy justifications for ever, \* for the reward.*

*Glory be to the Father, and to the Son, \* and to the Holy Ghost.*

*As it was in the beginning, is now, and ever shall be, \* world without end. Amen.*

#### PSALM 118, VIII.

Iníquos ódio **há bui**: \* et legem **tuam diléxi**.

Adjútor et suscéptor **meus es** tu: \* et in verbum tuum **supersperávi**.

*I HAVE hated the unjust: \* and have loved thy law.*

*Thou art my helper and my protector: \* and in thy word I have great-*



Declináte a **me**, maligni: \* et scrutábor mandáta **Dei mei**.

Súscipe me secúndum elóquium **tuum**, et **vivam**: \* et non confúndas me ab exspectatióne **mea**.

Adjuva me, et **salvus ero**: \* et meditábor in justificatió nibus **tuis semper**.

Sprevísti omnes discedéntes a **judíciis tuis**: \* quia injústa cogitatio eórum.

Prævaricántes reputávi omnes peccatóres **terræ**: \* ídeo diléxi testimónia **tua**.

Confíge timóre tuo **carnes meas**: \* a **judíciis enim tuis tímui**.

Feci **judícium et justítiam**: \* non tradas me calumniántibus me.

Súscipe servum **tuum** in **bonum**: \* non calumniéntur **me supérbi**.

Oculi mei defecérunt in salutáre **tuum**: \* et in elóquium **justítiae tuæ**.

Fac cum servo tuo secúndum misericórdiam **tuam**: \* et justificatiónes **tuas doce** me.

Servus **tuus sum ego**: \* da mihi intelléctum, ut sciam testimónia **tua**.

Tempus faciéndi, Dómine: \* dissipavérunt **legem tuam**.

Ídeo diléxi mandáta **tua**, \* super aurum **et topázion**.

Proptérea ad ómnia mandáta tua **dirigébar**: \* omnem viam iníquam ódio **hábui**.

Glória **Patri**, et **Fílio**, \* et **Spirítui Sancto**.

Sicut erat in princípío, et **nunc**, et **semper**, \* et in sæcula sæculórum. Amen.

(*Antiphon*) Allelúia, tuus sum ego, salvum me fac, Dómine, allelúia, allelúia.

-ly hoped.

*Depart from me, ye malignant: \* and I will search the commandments of my God.*

*Uphold me according to thy word, and I shall live: \* and let me not be confounded in my expectation.*

*Help me, and I shall be saved: \* and I will meditate always on thy justifications.*

*Thou hast despised all them that fall off from thy judgments: \* for their thought is unjust.*

*I have accounted all the sinners of the earth prevaricators: \* therefore have I loved thy testimonies.*

*Pierce thou my flesh with thy fear: \* for I am afraid of thy judgments.*

*I have done judgment and justice: \* give me not up to them that slander me.*

*Uphold thy servant unto good: \* let not the proud calumniate me.*

*My eyes have fainted after thy salvation: \* and for the word of thy justice.*

*Deal with thy servant according to thy mercy: \* and teach me thy justifications.*

*I am thy servant: \* give me understanding that I may know thy testimonies.*

*It is time, O Lord, to do: \* they have dissipated thy law.*

*Therefore have I loved thy commandments \* above gold and the topaz.*

*Therefore was I directed to all thy commandments: \* I have hated all wicked ways.*

*Glory be to the Father, and to the Son, \* and to the Holy Ghost.*

*As it was in the beginning, is now, and ever shall be, \* world without end. Amen.*

(*Antiphon*) Alleluia, I am thine, save me, O Lord, alleluia, alleluia.



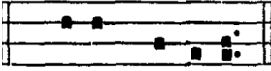
## LITTLE CHAPTER THROUGHOUT THE YEAR: GALATIANS 6.2

Alter alterius ónera portáte, et sic adimplébitis legem Christi.

*Bear ye one another's burdens; and so you shall fulfil the law of Christ.*

R. Deo grátias.

*R. Thanks be to God.*



**R̃. Dé-o grá-ti-as.**

## SHORT RESPONSE THROUGHOUT THE YEAR

*The Short Response given here is for Sundays throughout the year. For Sundays on Advent, Lent, or Paschal Time, please see the additional Short Responses on pages 10-12.*

In ætérnum, Dómine, \* Pérmanet verbum tuum.

*Forever, O Lord, \* Thy word endureth.*

In ætérnum, Dómine, pérmanet verbum tuum.

*Forever, O Lord, Thy word endureth.*

V. In sæculum sæculi véritas tua. Pérmanet verbum tuum. Glória Patri, et Fílio, et Spiritui Sancto.

*V. Thy truth through all the ages. Thy word endureth. Glory be to the Father, and to the Son, and to the Holy Ghost.*

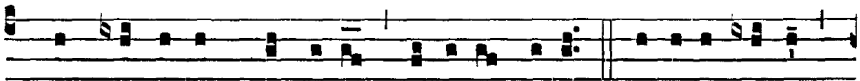
R. In ætérnum, Dómine, pérmanet verbum tuum.

*R. Forever, O Lord, Thy word endureth.*

**Short Resp.**

**I**

**N** aetérnum, Dómine, \* Pérmanet vér-bum tú-um.



**Ṽ. In saécu-lum saécu-li vé-ri-tas tú-a. Gló-ri-a Pátri,**



**et Fí-li-o, et Spi-rí-tu-i Sáncto.**

V. Dóminus regit me, et nihil mihi déerit.

*V. The Lord ruleth me, and I shall want nothing.*

R. In loco páscuæ ibi me collocávit.

*R. He hath set me in a place of pasture.*

## PRAYER OF THE OFFICE

*If the Officiant is a priest or deacon, he says:*

V. Dóminus vobíscum.

*V. The Lord be with you.*

R. Et cum spírítu tuo.

*R. And with thy spirit.*

*Or if he is a layman, the following is used instead:*

V. Dómine, exáudi oratiónem meam.

*V. O Lord, hear my prayer.*

R. Et clamor meus ad te véniat.

*R. And let my cry come unto thee.*

*The Prayer is proper to the day.*

## CONCLUSION

*If the Officiant is a priest or deacon, he says:*

V. Dóminus vobíscum.

R. Et cum spírítu tuo.

*Or if he is a layman, the following is used instead:*

V. Dómine, exáudi oratiónem meam.

R. Et clamor meus ad te véniat.

V. Benedicámus Dómino.

R. Deo grátias.

V. Fidélium ánimæ per misericórdiam  
Dei requiescant in pace.

R. Amen.

V. The Lord be with you.

R. And with thy spirit.

V. O Lord, hear my prayer.

R. And let my cry come unto thee.

V. Let us bless the Lord.

R. Thanks be to God.

V. May the souls of the faithful departed,  
through the mercy of God, rest in peace.

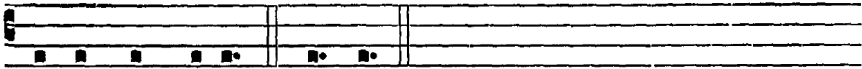
R. Amen.



∮. Benedicámus Dómino. R̄. Dé-o grá-ti-as.



∮. Fidéli-um ánimæ per mi-se-ri-córdi-am Dé-i requi-



éscant in páce. R̄. Amen.



## SHORT RESPONSE FOR ADVENT

Osténde nobis, Dómine, \* misericór-  
diam tuam.

Osténde nobis, Dómine, misericór-  
diam tuam.

V. Et salutáre tuum da nobis. Glória  
Patri, et Fílio, et Spíritui Sancto.

R. Osténde nobis, Dómine, misericór-  
diam tuam.

*Show us, O Lord, \* Thy mercy.*

*Show us, O Lord, Thy mercy.*

*V. And grant us Thy salvation. Glory be  
to the Father, and to the Son, and to the  
Holy Ghost.*

*R. Show us, O Lord, Thy mercy.*

Short  
Resp.

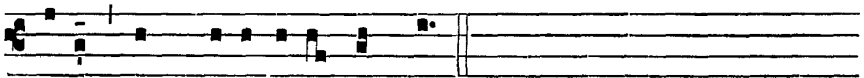
O



-sténde nóbis Dómine \* Mi-se-ri-córdi-am tú-am.



V. Et sa-lu-tá-re tú-um da nóbis. Gló-ri-a Pátri, et Fí-



li-o, et Spi-rí-tu-i Sáncto.

V. Mémento nóstri Dómine in bene-  
plácito pópuli tui.

R. Visita nos in salutári tuo.

V. Remember us, O Lord, in the favour  
of thy people.

R. Visit us with thy salvation.

## SHORT RESPONSE FOR LENT

Scápu-lis suis \* obumbrábit tibi.

Scápu-lis suis obumbrábit tibi.

V. Et sub pénnis éjus sperábis. Glória

Patri, et Fílio, et Spirítui Sancto.

R. Scápu-lis suis obumbrábit tibi.

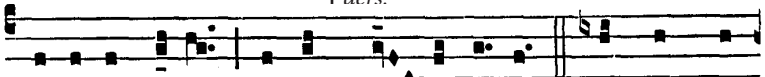
He will overshadow thee with his shoulders.

He will overshadow thee with his shoulders.

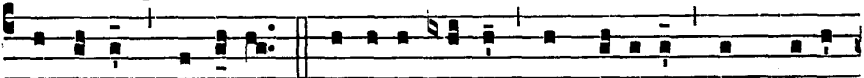
V. And under his wings thou shalt trust.

Glory be to the Father, and to the Son, and  
to the Holy Ghost.R. He will overshadow thee with his shoul-  
ders.Short  
Resp.

S



Cápu-lis sú-is \* Obumbrá-bit tí-bi. V. Et sub pén-



nis é-jus spe-rábis. Gló-ri-a Pátri, et Fí-li-o, et Spi-rí-



tu-i Sáncto.

V. Scuto circumdabit te véritas éjus.

R. Non tímébis a tímóre nocturno.

V. His truth shall compass thee with a  
shield.R. Thou shalt not be afraid of the terror  
of the night.

## SHORT RESPONSE FOR PASSION AND PALM SUNDAY

De óre leónis \* líbera me Domine.

De óre leónis líbera me Domine.

V. Et a córnibus unicórnium humil-  
itátem méam. Líbera me Domine.

Save me \* from the lion's mouth, O Lord.

Save me from the lion's mouth, O Lord.

V. And my lowness from the horns of the  
unicorns. Save me, O Lord.

R. De óre leónis líbera me Domine. | R. Save me from the lion's mouth.

Short  
Resp.

**D**

E óre le-ónis \* Lí-be-ra me Dómine. ∇. Et a cór-

nibus uni-córni-um humi-lí-tá-tem mé-am. \* Líbera. R. De óre.

V. Ne pérdas cum ímpíis Déus animam méam.

V. Take not away my soul, O God, with the wicked.

R. Et cum víris sánguinum vítam méam.

R. Nor my life with bloody men.

### ANTIPHON AND SHORT RESPONSE FOR PASCHAL TIME

(Antiphon) Allelúia, allelúia, allelúia.

(Antiphon) Alleluia, alleluia, alleluia.

Ant.

**A**

Lle-lú-ia, alle-lú-ia, alle-lú-ia.

Surréxit Dóminus vere: \* Allelúia, allelúia.

The Lord is risen indeed: \* Alleluia, alleluia.

Surréxit Dóminus vere: Allelúia, allelúia.

The Lord is risen indeed: Alleluia, alleluia.

V. Et appáruit Simóni. Glória Patri, et Fílio, et Spiritui Sancto.

V. And hath appeared unto Simon. Glory be to the Father, and to the Son, and to the Holy Ghost.

R. Surréxit Dóminus vere: Allelúia, allelúia.

R. The Lord is risen indeed: Alleluia, alleluia.

Short  
Resp.

**S**

Urréxit Dóminus vere : \* Alle-lú-ia, alle-lú-ia.

∇. Et appáru-it Simóni. Gló-ri-a Pátri, et Fí-li-o, et

Spi-rí-tu-i Sáncto.

V. Gavísi sunt discípuli, allelúia.

V. The disciples therefore were glad, alleluia.

R. Víso Dómino, allelúia.

R. When they saw the Lord, alleluia.